



Centro Internazionale dei Disturbi di Apprendimento Attenzione e Iperattività

Direttore Prof. Giuseppe A. Chiarenza, Neuropsichiatra infantile, Neurologo

Sede: 20125 Milano - Via Edolo 46 - Tel. 026697487 - Cell. 3487703089

Broad Spectrum Multidimensional Intervention and Evaluation, V.I.M.A.S. ©

The broad-spectrum multidimensional assessment and intervention model, VIMAS, is based on the observation that neuropsychiatric disorders in the developmental age have a multifaceted aspect, often associated with parental or family problems. They are a pervasive developmental disorder in the sense that large and diverse areas of functioning of the person's life (home, school, community) are adversely affected. The VIMAS model aims to accurately assess the functioning of an individual in these dimensions of life.

CIDAAI has elaborated different diagnostic protocols for each area of dysfunction: social, school, family. In the VIMAS model, the combination of these protocols is applied to different levels of investigation, behavioral, neuropsychological, neurophysiological, genetic and is justified by the need to associate any dysfunction of these levels with alternative interventions based on scientific evidence and their conceptualization.

The main scientific evidence-based underlying this model is the visible and real change that the therapeutic interventions implemented occurs in the subject.

Following this approach, the VIMAS model was developed to implement a complete series of interventions to address the broad spectrum of domains involved in individual dysfunction in an integrated way.

In clinical practice, a specific intervention on the subject and/or on the system in which the subject lives, is implemented to modify a certain aspect, "focus", considered important, for example, psychic conflict, self-esteem, emotional, behavioral, neurofunctional dysregulation, family dynamics. In light of the range of deficits and pervasiveness of the present dysfunction, the goal of most treatments will therefore be targeted and circumscribed.

The treatments are designed in a modular way in which the separate components, modules, are intertwined into a general treatment regimen. The implementation of the modules sometimes takes different times according to a scale of priority. The model focuses on the delivery of multiple treatments or treatment components designed to address the domains identified as problematic. Possible treatment combinations may include individual psychotherapy, cognitive-behavioral treatment, pharmacotherapy, neurotherapy with neurofeedback, family therapy, parent training, teacher training, "voice groups", school support, special educational projects.

The VIMAS model is original, innovative and unique and must not be assimilated to a set of multiple and bundled treatments chosen for their intuitive charm or for the presumed validity reported by social media, used to meet the putative "individual needs of the customer".